6 STEPS IN YOUR JOURNEY TO HEART TRANSPLANT

1. Diagnosis and Referral:
   - Medications no longer control symptoms
   - Referral to advanced heart failure specialist

2. Evaluation:
   - Meet with transplant team
   - Undergo exams and tests
   - Determine transplant eligibility

3. Approval and Listing:
   - Placement on United Network for Organ Sharing (UNOS) waiting list

4. Continuous Support:
   - Meet monthly with transplant team
   - Keep in contact with Transplant Coordinator
   - Formulate a transplant plan
   - Remain within a 4-hour drive from hospital

5. Answering the Call:
   - Notification of donor heart availability
   - Immediately follow the transplant plan
   - Arrive at the hospital for transplant

6. Living with a New Heart:
   - Receive a new heart
   - Start recovery
   - Continue with team care and support