

Adult Gender Affirming Surgery: Metoidioplasty

What is Metoidioplasty?

Metoidioplasty is a surgery that creates a penis (phallus) from the clitoris. Before surgery, testosterone is used to help the clitoris grow. During the procedure, surgeons carefully separate the clitoris from nearby tissue, making it longer and moving it to look and function more like a penis. Some people also choose to have their urethra (the tube that carries urine) lengthened so they can urinate while standing.

Depending on your goals, this surgery may include:

- **Simple Metoidioplasty** – Releasing and lengthening the clitoris.
- **Metoidioplasty with Urethral Lengthening** – Extending the urethra to allow urination through the tip of the phallus using a mix of tissue from the vaginal wall, labia minora, and mouth (buccal mucosa graft).
- **Vaginectomy** – Removing and closing the vaginal opening (requires a prior hysterectomy).
- **Monsplasty** – Removing extra tissue in the pubic area to give the phallus a longer look.
- **Perineoplasty** – Reshaping the perineum (area between the anus and genitals) to create a flatter, more masculine appearance.

Surgical Consultation

You will meet with **Dr. Hamidian and Dr. Douglass** to discuss your goals. They will recommend the best options based on your health and needs.

Important Considerations

Bottom surgery has a **complication rate up to 50%**. Complications may delay or prevent future surgeries. Moving forward with additional procedures will be discussed on an individual basis, but future stages are not guaranteed.



Requirements for Surgery

- Two letters of support from mental health providers
- No nicotine use
- Safe and stable housing
- A support person for after surgery
- Hysterectomy (if getting a vaginectomy)
- If HIV-positive, HIV must be well controlled
- Any substance use must be well managed
- Pelvic floor physical therapy (available at Temple University Hospital)

