

Therapist Recommendations for Surgery Readiness Letter

[GALAP: Gender Affirming Letter Writing Access Project](#)

We are a group of transgender, nonbinary, and allied mental health clinicians in the U.S. who believe in improving access to letters for clients who are seeking gender-affirming medical care. We resist the harmful practices of gatekeeping and believe in an informed consent model where clients can affirm their gender identity without the steep cost of sessions with mental health professionals and reductionist clinical practices. As such, we want to create a movement towards to providing free and low-cost letters for gender affirming access to medical care.

+ Check this site for providers in your state that can offer pro-bono surgery support letters

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