

## **About Us**

At Temple Health, we combine the expertise of nationally renowned physicians at Fox Chase Cancer Center and the Temple Lung Center to provide patients with the most comprehensive lung cancer care in the region.

Our team has a long-standing commitment to research and to bringing lifesaving and innovative treatments and technologies to patient care. We offer an array of clinical trials that provides patients access to new or novel therapies that are not found everywhere.



To schedule a lung cancer screening call 800 TEMPLE-MED.



FOX CHASE CANCER CENTER 333 Cottman Avenue Philadelphia, PA 19111

TEMPLE UNIVERSITY HOSPITAL – MAIN CAMPUS 3401 North Broad Street Philadelphia, PA 19140

TEMPLE UNIVERSITY HOSPITAL – JEANES CAMPUS
7600 Central Avenue
Philadelphia, PA 19111

TEMPLE UNIVERSITY HOSPITAL – NORTHEASTERN CAMPUS
2301 East Allegheny Avenue
Philadelphia, PA 19134

TEMPLE UNIVERSITY HOSPITAL – EPISCOPAL CAMPUS

100 East Lehigh Avenue
Philadelphia, PA 19125





Non-discrimination notice: It is the policy of Fox Chase Cancer Center and Temple University Hospital, Inc., that no one shall be excluded from or denied the benefits of or participation in the delivery of quality medical care on the basis of race, ethnicity, religion, sexual orientation, gender, gender identity/expression, disability, age, ancestry, color, national origin, physical ability, level of education, or source of payment.

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# Lung Cancer Screening





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## **Screening for Lung Cancer**

Lung cancer is the leading cause of cancerrelated death in the U.S.

Catching lung cancer early not only means more treatment options—it also means a better chance of successful treatment. Through screening, lung cancer may be detected at a very early stage, when it is more likely to be cured.

Lung cancer screening guidelines have expanded, and more individuals today are eligible for lung cancer screening.

#### If you...

- Are an adult aged 50 to 80 years AND
- Have a 20 pack-year\* smoking history AND
- Smoke now or have quit within the past 15 years
- ... then screening may be right for you.

\*This is the number of packs of cigarettes per day multiplied by the number of years smoked. For example, someone who smoked 2 packs a day for 10 years  $[2 \times 10 = 20]$  has 20 pack-years of smoking, as does a person who smoked 1 pack a day for 20 years  $[1 \times 20 = 20]$ .

# **Low-Dose Computed Tomography**

Screening is performed using a low-dose computed tomography (also called a low-dose CT scan, or LDCT).

Low-dose computed tomography is a special kind of X-ray that takes multiple pictures as you lie on a table that slides in and out of the machine. A computer then combines these images into detailed 3D images of your lungs.

The scan is quick and painless—it takes just five minutes, no preparation is required, and it could save your life.

## **Addressing Your Overall Chest Health**

A low-dose CT scan can reveal so much more than potentially harmful lung nodules, which is important to know about your overall health. These other conditions may include COPD, sleep apnea, heart disease, osteoporosis, or problems in the esophagus.

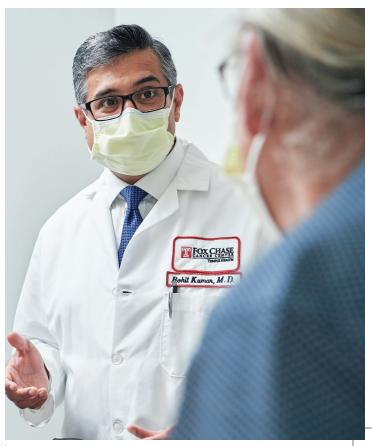
And its why experts from Fox Chase Cancer Center and the Temple Lung Center—two of Philadelphia's world-class health centers—created the Temple Healthy Chest Initiative providing the most comprehensive chest care in the region. This initiative addresses these conditions early, before they progress, and gives you the best chance for a successful outcome.

## **Screening Results**

Our physicians have expertise in reviewing lung cancer screening images.

After each of your appointments, our lung specialists will share the results of your scan with you—either on the same day at our Fox Chase Cancer Center location or within a few days at our Temple University Hospital locations.

If a lung nodule, or other condition in your chest is identified during your screening visit, Temple's dedicated nurse navigator will connect you with specialists to tailor a treatment plan specific to you. If your scan shows something that needs more evaluation, our nurse navigator will schedule the appropriate follow-up test for you.



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